

Grading Guidelines for Physical Education

In some P.E. courses, parents will need to utilize a form of grading that focuses on the growth of character/ attitude in the student, the setting of goals, and the evaluating the accomplishment of these set goals. Some of the courses that may require this alternative form of course evaluation include principles and practices of exercise, nutrition in physical fitness, all sports and games used for physical education, or other activities where goal setting is appropriate.

THE PROCESS OF SETTING THE GOAL:

A primary component of these types of courses is the setting of goals. Together, the student and parent should sit down and make goals specific to the sport or activity chosen. The goals must be explicit, such as

- “My goal is to score 4 points this season in soccer.”
- “My goal is to run a 7-minute mile.”
- “My goal is to play in at least 3 games”
- “My goal is to exercise at least 30 minutes daily”
- “My goal is to not be ejected from any games this season.”
- “My goal is to follow a healthy diet for 95% of the days this quarter.”

The goal must be attainable, not too easy or too difficult. If the student is involved in athletics, it would be best if the coach contributed to the process of making the goal, but at least the coach should be aware of what the student's goal is. Note: goals can be revised mid-season or mid-semester if they seem to be too easy, too difficult, or not properly focused.

When grading the student on the goal-setting process, consider the following: Is the goal attainable, yet not too easy? What is the student's attitude toward the goal-setting process? Does the student understand the importance of setting goals?

A total of 50 points is the maximum for awarding the student for proper goal-setting.

ACCOMPLISHING THE GOAL:

Deciding whether the goal has been met should be fairly straightforward if the initial (or later revised) goal was set properly. If necessary, ask the coach or activity supervisor for their opinion on whether the goal was accomplished, and if so, to what degree?

In these types of courses, accomplishing the goal should be weighted lightly, however, due to the fact that the process of setting the goal, attitude/dedication to that goal, and the growth of character are by far the more important aspects.

A total of 10 points can be awarded the student for accomplishing the goal

GROWTH OF CHARACTER / ATTITUDE:

This is the most subjective part of the course evaluation. The total points awarded to the student should be based upon a combination of the parent's, coach's (supervisor's) and student's perceptions of the student's attitude toward the goal, dedication to accomplishing it, lessons learned during the season, attitude on the playing field, growth of character, etc

Be sure to consult the supervisor on his/her perception of the student's progress throughout the season. Often the coach is able to see things that neither the parent nor the student is aware of. Because of this, it may be a good idea to ask for progress reports at intervals through the season, to monitor change and to resolve issues in a timely manner.

Questions to consider when awarding points for growth of character/attitude: How dedicated is the student toward accomplishing the goal? How willing is the student to go the extra mile for the sake of the goal or the team? How willing is the student to re-evaluate the initial goal if things are not going as planned (for better or for worse)? What is the student's attitude toward the coach or team? Has the student experienced a growth in character/life lessons due to something that happened during the season?

A total of 40 points can be awarded for growth of character

EVALUATING STUDENT WORK

Physical Education Assessment

Student: _____ Assignment Date: _____
 Course Title: _____ Grade: _____ Year: _____
 Composition Title: _____

	Total Points Possible 100	Points Awarded
1. GOAL-SETTING		
Is the goal stated explicitly?		
Is the goal attainable OR		
Is the re-stated goal better?		
Is the reason for the goal-setting understandable to the student?	50 points	_____
2. GOAL-ACCOMPLISHMENT		
How dedicated was the student to goal accomplishment?		
Did the student have a clear focus on the goal?		
How close did the student come to accomplishing the goal?	10 points	_____
3. GROWTH OF CHARACTER		
What were the results of experiences during the season?		
How much sportsmanship was displayed on the playing-field?		
Ask for a 3rd-party's view of character development.		
Consider the student's most prevalent attitude during the season.		
Consider the student's attitude toward the team/coach during the season.	40 points	_____
	Total	_____

Signature of the Evaluator _____ Date _____

SCORING WORKSHEET

Physical Education

Student: _____ Assignment Date: _____

Course Title: _____ Grade: _____ Year: _____

Activity: _____

Suggested Criteria: Select 10 criteria from the list below. Write them on the graph and assign a value. Tally the columns and use the conversion table to assign a score. One strategy is to provide this scoring worksheet to the student before the assignment. With the criteria spelled out, the student can carefully work on the items that will be used to score the work.

- level of difficulty chosen
- identified measurable goals
- motivation for the task
- growth in skills
- attitude toward pursuing goal
- effort and extra effort
- dedication to the task
- level of interest
- care for details
- growth in understanding
- goals achieved
- creative techniques used
- other _____
- other _____

Criteria: Select 10 criteria from the "Suggested Criteria" above. Write them on the lines below and assign a value.	NOT Done at All 0	Does Not Meet Standards 1	Meets the Standards 2	Goes Beyond the Standards 3	Absolutely Excellent 4
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					
Totals (total each column)					

CONVERSION TABLE	RAW SCORE	% SCORE
	40	= 100 %
	35 - 39	= 95 %
	31 - 34	= 90 %
	26 - 30	= 85 %
	21 - 25	= 80 %
	16 - 20	= 75 %
	13 - 15	= 70 %
	9 - 12	= 65 %
	5 - 8	= 60 %

RAW SCORE: Grand Total of all Columns = _____

FINAL SCORE: Percentage Score Awarded = _____

Signature of the Evaluator _____ Date _____